

Intermediate School

“Character Corner” GRATITUDE

“Felling gratitude and not expressing it is like
wrapping a present and not giving it”
- William Arthur Ward

Gratitude Includes:

- Saying “Thank You” even for the little things.
- Looking at life in a positive way.
- Putting others first!
- Using Manners on a regular basis.

Strategies for teaching Gratitude:

- Be sure to use gratitude towards your children - Even the little things!
- Start very young!
- Express what you are thankful for!
- Focus on using correct manners always!
- Assign Chores & have them volunteer.

Topics for Discussion:

- What is Gratitude?
- How do you show gratitude?
- Why is it important to show gratitude?
- What does it mean to be selfish & how does that effect others around us?

Book on Modesty:

- *The Long Winter (Little House)* (Laura Ingalls Wilder & Garth Williams)
- *Call it Courage* (Armstrong Perry)
- *The Seven Silly Eaters* (MaryAnn Hoberman)
- *I Will Never Not Eat a Tomato* (Lauren Child)

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